

SMOOTH n STICKY: THINGS TO BRING

Anticipate how many people will be attending your class and whether you'll have them in groups of 3 or 4. That will help you determine the quantities of each item to bring to class. A little help: If you have a big class then you may want to consider groups of 4 or even 5. Groups of 3 people for a small to medium-sized class would permit more interaction and if your class has 5 or fewer students, plan to have a single group only.

FOOD ITEMS		OTHER SUPPLIES	
•	Green beans (as fresh as possible) You'll need 3 or 4 for the demonstration and a couple for each group	•	HO2 (Handout #2) Only for review before the surprise activity or for after (to write down any new vocabulary that came up)
•	Dark chocolate (one piece for each student plus one for demonstration purposes)	•	Paper towels (at least one for each person) plus a couple extra per group
•	White chocolate (one piece for each student plus one for demonstration purposes)	•	A knife for each group for cutting oranges, etc (I stick a wine cork on the end of each and wrap well, maybe in a tea towel or several paper towels held together by an elastic)
•	One orange and one lemon for each group	•	A few sheets from a newspaper &/or paper plates for each group to lay out all the goodies for when they experiment
•	One or more containers for each group filled with a mix of small items For example: salt, white (refined) sugar – better to keep the salt separated from the sugar, different kinds of rice, pasta (different thicknesses & types), a variety of spices and herbs, etc. Anything small. This can also include different cereals (like a few examples of Cheerios, Corn Flakes, etc.)		
•	A variety of bigger items like potato chips, corn chips, more fruits & vegetables (old & fresh, cooked & raw) For example: green pepper, onion &/or garlic, eggplant, kiwi, radish You may want to include two things which may be similar in a number of ways, like onion vs garlic differently flavoured potato chips or a cucumber and a zucchini. This could even include a soft drink taste test like Pepsi vs Coke or 2 different brands of 'uncola' like 7-up, Shwepps or Ginger Ale.		

Feel free to experiment. If you like cooking and you particularly like this group of students, maybe you can bake some cookies or let them sample some other creation of yours and they have to give you feedback.

MORE VOCABULARY THAT MIGHT COME UP OR COULD BE USEFUL:

heavy, light, gum, chewy, crunchy, melts in your mouth, hollow, solid